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# The Ballroom Dance Coach: Expert Strategies To Take Your Dancing To The Next Level



## Synopsis

Are you ready to take your dancing to the next level but feel stuck, confused, and don't know where to turn to get the results you want? Then *The Ballroom Dance Coach* is the resource you have been waiting for. In it, Jessika Ferm, an amateur competitive ballroom dancer and master-level executive coach, combines her business know-how with the advice of ballroom experts like Sam Sodano, Decho Kraev and Bree Watson and Pierre Allaire and Mirielle Veilleux to create a self-directed process that propels your dancing to the next level.

## Book Information

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## Customer Reviews

Are you ready to take your dancing to the next level but feel stuck, confused, and don't know where to turn to get the results you want? Then *The Ballroom Dance Coach* is the resource you have been waiting for. In it, Jessika Ferm, an amateur competitive ballroom dancer and master-level executive coach, combines her business know-how with the advice of ballroom experts like Sam Sodano, Decho Kraev and Bree Watson and Pierre Allaire and Mirielle Veilleux to create a self-directed process that propels your dancing to the next level.

As an aspiring amateur competitive dancer, I found this book to present a clear explanation for the elation as well as frustration I experience from trying to improve. The book works for me on a philosophical and strategic level as well as on a very tactical level. The first time reading it I did not think hard enough, but the second time through I really embraced the thoughts. The more focused and driven you are, the more you will get out of this book. It takes discipline to truly remember that

your dance proficiency and enjoyment come about through the journey; this book offers ways to help you remember.

I love both of the books from this author. She is very detailed and very helpful. She also takes the time to teach dancers how to have a positive way of looking at the world. Very very helpful. Very well done.

Sorry, but it was kind of boring.

This book is by far the best book I have read on ballroom. It is unique because it combines the author's coaching ability and her knowledge of ballroom. It was so helpful to learn that everyone goes through the same "stages" - - even the pros! Since reading this book, I am much more focused on my dance journey and have stopped comparing myself to others. I highly recommend this book for all levels of dancers for inspiration on and off the dance floor!

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